

Metagem Institute in the lineage of:

- Jesus Christ
- The Christian Wisdom Tradition
- Christian Saints & Mystics, especially in the lineage of:
 - St. Benedict of Nursia
 - St. Francis
 - St. Bonaventure
 - Richard Rohr
 - Meister Eckhart
 - James Finley
 - Julian of Norwich
 - The anonymous author of *The Cloud of Unknowing*
 - Thomas Keating
 - Cynthia Bourgeault
 - St. Ignatius of Loyola
 - o Pierre Teilhard de Chardin
 - St. Teresa of Avila
 - St. John of the Cross
 - Therese of Lisieux
- Depth Psychology, especially in the lineage of:
 - C. G. Jung
- Mindfulness, especially in the lineage of:
 - Jon Kabat-Zinn